

POWAY SHARE JUNE 2012 MENU

Cutoff for Orders:
Thursday, June 14th
at 3:30pm

Contact Information:
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Distribution Day:
Saturday, June 23rd
Between 8am to 9am

Basic Pack - \$31.00

3lbs Boneless / Skinless Chicken Breast
 1lb Ground Beef (80/20)
 1lb Ground Chicken
 2lbs Pork Chops (4 - 8oz)
 Rope Sausage
 5lbs Fresh Russet Potatoes
 Fresh New Crop Onions
 Salad Mix
 Fresh Bunch Broccoli
 2 - Fresh Italian Squash
 Fresh Cantaloupe
 5 - Fresh Oranges
 2 - Fresh Cucumbers

Veggie Pack - \$21.00

Dozen Farm Fresh Eggs
 Fresh Cello Lettuce
 Fresh Cello Carrots
 Fresh Cauliflower
 Fresh Eggplant
 2 - Fresh Tomatoes
 5 - Fresh Kiwi Fruit
 Fresh Cup Mushrooms
 2 - Fresh Mangos
 Fresh Honey Dew Melon
 5 - Fresh Red Pears

Breakfast Pack - \$23.00

Dozen Farm Fresh Eggs
 8oz Shredded Cheddar Cheese
 1lb Ham Steak
 1lb Hickory Smoked Bacon
 1lb Breakfast Sausage
 1lb Package Chorizo
 Simplot Hash Browns (20ea Sleeve)
 Dozen Flour Tortillas

Lunch Pack - \$26.00

12oz 'Heart Smart' Deli Turkey
 12oz 'Heart Smart' Deli Ham
 1lb All Meat Hot Dogs
 Can Chunk Lite Tuna
 16oz String Cheese
 Fresh Baby Peeled Carrots
 Fresh Cello Lettuce
 6 - Pack Apple Sauce
 10 - Pack Juice Boxes

Steak Pack - \$21.00

6 - 8oz USDA Select Beef Rib Eye (3lbs)

Beef Taquitos - \$8.00

16 Pack El Monterrey Beef Taquitos

Mega Pack - \$37.00 **(15lbs of meat)**

3lbs Chicken Leg Quarters
 3lbs Country Style Pork Ribs
 2 - Cornish Game Hens (each avg 3-4lbs)
 1.5lbs Tarantino Italian Sausage
 1.5lbs Beef Chuck Roast (No Bone)
 1lb Chicken Fajita Meat
 1lb Ground Pork

Chicken Taquitos - \$8.00

16 Pack El Monterrey Chicken Taquitos

Mexican Del Rio Combos - \$23.00

6 - Beef Tamales
 1lb Refried Beans
 1lb Mexican Rice
 1lb Shredded Chicken
 Mild Green Salsa

EZ Peel Shrimp - \$13.00

2lbs (41/50 size) EZ Peel Shrimp

Seafood Pack - \$21.00

1lb Salmon
 1lbs Tilapia
 1.5lbs SWAI Fillet
 1lb Pollock

Chicken Breast - \$8.00

3lbs Boneless / Skinless Chicken Breast

SORRY, NO REFUND ON ITEMS NOT PICKED UP AT POWAY SENIOR CENTER LOCATED AT 13094 CIVIC CENTER DRIVE ON DISTRIBUTION DAY. POWAY SHARE RESERVES THE RIGHT TO SUBSTITUTE ANY OF THE ABOVE ITEMS DUE TO AVAILABILITY, COST AND QUALITY